



Vicente Ferrer

 **RDT HOSPITAL**   
**KANEKAL**

***WOMEN DEVELOPMENT TRUST***  
***ANNUAL REPORT 2015-16***





## Executive Director's Message



**VISION**



**KANEKAL  
HOSPITAL**



**HEALTH**



# Executive Director's Message

In our country, the number of diabetes patients is rising daily even among children. Diabetes is a problem that requires not just treatment, but understanding on the problem and life style change. In Kanekal Hospital they worked on educating persons with diabetes for many years. They educated them on diet, life style changes, regularity of medicines and timely regular visits to the hospital.

The aim of this program is to improve the health of persons with diabetes and also to prevent major complications which may necessitate amputation of limbs or complications that lead to heart trouble.

Kanekal hospital has worked very hard to improve the health and life of hundreds of diabetic patients in and around Kanekal.



A handwritten signature in black ink, appearing to read 'Anna Ferrer'.

***Anna Ferrer***  
***Executive Director***



# VISION

*A caring, just and environment-friendly society promoting social harmony and peaceful coexistence and balancing the needs of people and nature.*

## MISSION

To eradicate extreme poverty and human suffering.

To work towards implementing eco-efficient agriculture that ensures the sustainability of livelihoods and encourages a harmony between human beings and natural resources. To ensure that educated youth from poor families have diversified job opportunities fetching a decent salary and are accorded an improved status in society.

To ensure that persons with disabilities have access to equal opportunities and are the main actors in their efforts to lead a life of quality and dignity. To work towards the empowerment of women by helping improve their socio-economic status and sensitising both men and women to deal with such issues as gender discrimination and violence.

To be a value-based professional organization being dynamic and creative in nature, untiring in hard work and motivation, humanistic in approach, strong in its commitment to share the aspirations and struggles of the poor and permanent in time but flexible to adapt to the changing needs of people.

## DHARMA



*Concern for the poor and needy*

*Work beyond duty*



*Pursuit of excellence in work*



*Reaching as many poor as possible*

## APPROACH

The rural poor of low socio-economic status constitute our target group. This includes Dalits, Tribes, Backward Castes. Persons with disabilities, Persons with HIV/AIDS, and women and children. In case of ecology, WDT adopts a whole-village approach covering small and marginal farmers and landless agricultural labourers.

WDT considers people the main actors in the process of their own development. Community organization and gender constitutes the base of its work with people. Major emphasis is on strengthening community based organizations (CBOs) so that they play a major role in identifying and dealing with social and developmental issues apart from mobilizing and accessing government resources and participating in and managing programmes of development and welfare initiated by the organization.







*“Hope is a beautiful word that should never disappear from our lives.”*

*Vicente Ferrer*







# KANEKAL HOSPITAL

**7**0% of the population lives in India's rural areas but more than 70% of quality medical facilities and professionals are in the cities.

Over 40 years WDT has tried to build up and improve its medical services in the rural areas.

People in villages live on their daily wages and if they have to leave the village and travel when they are sick, they will lose many days wage. Therefore, efficient good quality health and medical services for rural people is absolutely essential.

For the last 12 years WDT has built up a rural based general hospital at Kanekal. It has 4 departments.

- \* Medicine
- \* Obstetrics & Gynaecology
- \* Pediatrics
- \* Dental

\* Ophthalmology (An ophthalmologist from Ananthapuram conducts cataract surgeries every 1st & 3rd Saturday.)

The hospital also has essential

supporting departments such as Radiology, Laboratory & Physiotherapy.

There is extensive collaboration with the government in the area of tuberculosis.



## Providing health access through a Rural and Mobile Clinic

A rural health clinic and mobile clinic at Venkatadripalli was started to provide quality treatment to the most remote villages, and to spread awareness on health and hygiene, safe deliveries, child care and nutrition support. This health clinic is run by a doctor with the help of Auxiliary Nurse Midwife (ANM).





### HIGHLIGHTS

- \* 1 rural clinic is attached to Kanekal hospital at Venkatadripalli.
- \* There were 7723 inpatient visits and 92,189 outpatient visits in our hospital in 2015-16.
- \* 618 family planning surgeries and 200 Ophthalmology surgeries were done in our hospital in 2015-16.
- \* There were 728 institutional deliveries in 2015-16.
- \* 366 persons with HIV/AIDS received anti-retroviral therapy (ART) in our hospital in 2015-16.
- \* There were 349 users of neo-natal intensive care unit (NICU).
- \* 1274 child inpatients and 18,646 child outpatients received our paediatric care services in 2015-16.
- \* There were 5089 dental outpatients in 2015-16.



## CASE STUDY

Lalithamma and Mallikarjuna are a couple from Adiganipalli village 4 kilometres from Kanekal hospital. They are married for 15 years. After prolonged infertility for 12 years, Lalithamma conceived in 2013. But it was a miscarriage. In 2015 she conceived again. After 21 weeks of pregnancy, the anomaly scan revealed that the foetus is having cleft lip and cleft palate. The couple was very depressed. Lalithamma delivered a male baby weighing 2.45 kilograms. A video was used to train the parents on how to feed the baby and he was kept in NICU for 28 days. At the time of discharge, the parents were educated on regularly checking baby weight gain or loss, immunization schedule, on diet like egg, milk, ragi and, on hygiene while feeding the baby. They were also instructed about weaning food after 6 months. The baby grew up with good health.

Jayalakshmi, another mother with cleft lip and cleft palate baby was counseled by Lalithamma based on her experience. Our pediatrician discussed with both the mothers about the need of surgeries for their babies. They waited till both the babies gained weight of 5 kilograms each and sent them to Meenakshi General Hospital in Chennai for surgery. Surgeries were successfully conducted for both the babies. Lalithamma and Jayalakshmi returned to Kanekal Hospital with great joy and the hospital staff also felt happy for them.





# HEALTH

Ananthapuram District.

In the early 1970s, health care facilities in Ananthapuram region were inadequate, unaffordable and most of all, inaccessible. Illiteracy and local custom further added to the problem especially on the reproductive health and hygiene front. Homes which were mostly huts did not have facilities and water was scarce. Malnourishment, undernourishment, high Mother and Infant Mortality, gross anaemia and diarrhoea were the prevailing health issues of the time. WDT works in Madakasira, Kalyandurg and Uravakonda regions of

## Community Health Workers

Given the poor accessibility of health care, WDT started training young village women (CHWs) to make them capable of extending health support, identifying risk cases for referral and treating minor ailments & diarrhoea, identify cases of malnutrition, conduct ante-natal checkups and even conduct aseptic deliveries besides identifying pregnancy risks. Wherever people's capacity to access health care increased, the number of CHWs reduced.

## Capacity Building through Awareness

WDT works extensively in

building awareness for Adolescent Girls' health care through counseling centres and workshops in order to reverse the trend of anaemia. Pregnancy care is also an area of focus. Future mothers are given information about baby hygiene, diet, care and the importance of breastfeeding in their first six months. People are also given information about general and communicable diseases such as HIV/AIDS and TB.

ante-natal and post-natal mothers, senior citizens without any family support, and children or adults suffering from chronic health problems such as tuberculosis. The School Health Programme helps in early detection of health problems in school children.

## Conducting Referrals and Follow-up

The reach and capability of CHWs and the Rural and Mobile Health Clinic at Venkatadripalli has come a long way, but with limitations. That is where WDT's own hospital and referral system come in for advanced treatments and recovery. WDT also provides financial assistance in referral cases so that affordability need not come in the way of timely quality health care.

## Safe Deliveries

Early identification of risk pregnancies is regularly done and these cases are referred by WDT health organizers. Thus aseptic and institutional deliveries are ensured in both government and private hospitals besides WDT's own hospitals.

## Nutrition

Nutrition is one of the key determinants of good health. WDT runs nutrition centres that provide food such as eggs, ragi and jaggery - based beverages to villagers. The programme covers children in the age group of 0 to 4 years,



## Chronic and Acute Cases

All kinds of chronic and acute cases are timely referred and treated.

## Care and Support

All HIV infected / affected persons are supported through medical / educational / economic / community / home care and nutrition support.





## RNTCP

All cases of tuberculosis are screened, diagnosed and treated under Revised National Tuberculosis Control Program (RNTCP).

## HIGHLIGHTS

\* 250 community health workers (CHWs) are spread across 247 villages.

\* Nutrition has been provided to 18,751 persons (8433 Male & 10,318 Female).

\* 2351 awareness workshops were organized during 2015-16 which were attended by 74,963 members.

\* 824 training workshops were organized exclusively for adolescent girls with 27,980 participants.

\* 1595 aseptic & institutional deliveries were conducted including 339 risk pregnancies which were identified

and referred by WDT health organizers.

\* 5238 chronic/acute cases (Male 2643 & Female 2995) were referred and treated.

\* 5994 cases (2965 Male & 3029 Female) were treated in 1 Rural Health Centre (1 mobile, 1 stationary) of WDT.

\* 184 HIV infected/affected persons (all were children) were supported through educational/ economic/ community home care/ nutrition support.

## CASE STUDY

"My husband Nagendra worked as a Jeep driver for a private owner. My daughter Niharika was 3 years old when she suddenly developed pain in her left leg. We took her to an orthopaedic hospital in Ananthapuram. Two surgeries were done on her leg, but to no avail. Instead, her situation became worse. By now we already spent Rs. 1lakh. They advised us to go to Kurnool Government hospital.



They told us she had bone cancer. Then our neighbours advised us to go to WDT. WDT referred us to Sparsh hospital, Bengaluru. There the doctors detected and diagnosed her problem as tuberculosis of the bone. Having diagnosed the exact problem, they did the right surgery this time. WDT spent Rs. 2,50,000 for our daughter. Because of WDT's timely intervention, our daughter is still alive. Now Niharika is 5 years old. She is healthy and going to school. Thanks to WDT's referral system, many parents like us can save the lives of our children."

- **Nagasudha, Kuntimaddi Village**





**WOMEN DEVELOPMENT TRUST :: BANGALORE ROAD:: ANANTHAPURAMU**  
**RECEIPTS AND PAYMENTS ACCOUNT FOR THE PERIOD 1st APRIL 2015 to 31st MARCH 2016**

RECEIPTS	SCHEDULE Nos	AMOUNT ₹.		PAYMENTS	SCHEDULE Nos	AMOUNT ₹.
Opening Balance:						
Cash	SCH - I	1,81,549.22				
Bank		1,81,05,801.77	1,82,87,350.99	Community Health Programme	SCH - VIII - A	6,77,42,564.43
Field / Area Offices :	SCH - IA	9,42,318.82	9,42,318.82			
Grants and Donations :				Referral Hospitals Programme	SCH - VIII - B	3,85,86,860.14
(a) Foreign Grants	SCH - II	7,02,101.38				
(b) Local / Government Grants		12,92,801.00		Central Offices and Campuses Programme	SCH - VIII - C	41,26,744.16
(c) Grants and Donations (Per Contra)		2,48,108.00				
(d) Donations from Public		64,329.00	23,07,339.38	Revenue Expenditure - Charities	SCH - VIII - D	28,49,857.00
Other Receipts/Income				Grants and Donations (Per Contra)		2,48,108.00
Interest	SCH - III	2,99,65,163.75		Revenue Expenditure - Specific Grants	SCH - VIII - E	23,00,00,000.00
Dividend		24,736.76				
Income on Investments		83,702.00		Capital Expenditure	SCH - VIII - F	20,28,041.00
Income from Hospitals		1,47,67,970.50	4,48,41,573.01			34,55,82,174.73
Other Receipts/Income - Sale of Fixed Assets	SCH - III-B	2,75,100.00	2,75,100.00	Other Expenditure / Current Liabilities		
				Gratuity & Welfare	SCH - VIII - G	3,86,610.00
				Health Subsidy		3,82,014.54
Other Receipts / Current Liabilities				Provident Fund		2,18,942.00
Gratuity & Welfare	SCH - IV	9,04,920.00		Advances :		9,87,566.54
Health Subsidy		11,23,374.57	20,28,294.57	Advances to other programs		1,00,000.00
				Repayment of Advances to other Projects		3,00,000.00
				Advances to Staff & Others	SCH - V	44,689.00



M/s.V.K.Madhava Rao & Co.,  
Chartered Accountants  
SECUNDERABAD.

RECEIPTS	SCHEDULE Nos	AMOUNT ₹.		PAYMENTS	SCHEDULE Nos	AMOUNT ₹.
Advances:				TDS - Receivables from Income Tax		37,72,398.29
Advances from other Programs	SCH - V	1,00,000.00				42,17,087.29
Repayment from Staff and Others Advances :		2,45,400.00				
TDS Refund received during the year :		43,82,954.00	47,28,354.00			
Realisation of Fixed Deposits / Investments:				Bank Investments / Fixed Deposits:		
Realisation of Bank Investments [Fixed Deposits] :	SCH - VI	36,73,00,000.00	36,73,00,000.00	Bank Investments / Fixed Deposits :	SCH - VI	7,72,02,240.60
				Closing Balances:		
				Cash:	SCH - I	86,107.22
				Bank:		1,16,97,147.98
				Field / Area Offices :	SCH - IA	9,38,006.41
<b>TOTAL ₹.</b>			<b>44,07,10,330.77</b>	<b>TOTAL ₹.</b>		<b>44,07,10,330.77</b>




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**WOMEN DEVELOPMENT TRUST :: BANGALORE ROAD:: ANANTHAPURAMU**  
**INCOME AND EXPENDITURE ACCOUNT FOR THE PERIOD 1st APRIL 2015 to 31st MARCH 2016**

EXPENDITURE	SCHEDULE Nos.	AMOUNT ₹.	INCOME	SCHEDULE Nos.	AMOUNT ₹.
Community Health Programme	SCH - VIII - A	6,77,42,564.43	Grants Received :		
			(a) Foreign Grants	SCH - IIA	7,02,101.38
Referral Hospitals Programme	SCH - VIII - B	3,85,86,860.14	(b) Local / Government Grants		12,43,426.00
			(c) Donations from Public		64,329.00
Central Offices and Campuses Programme	SCH - VIII - C	40,12,350.16	Other Receipts/Income		
Revenue Expenditure - Charities	SCH - VIII - D	28,49,857.00	Interest	SCH - III - A	2,99,65,163.75
			Dividend		24,736.76
Revenue Expenditure - Specific Grants	SCH - VIII - E	23,00,00,000.00	Income on Investments		83,702.00
			Income from Hospitals		1,47,67,970.50
			Other Receipts		56,537.00
Depreciation	SCH - IX	2,09,51,967.20	Profit on Sale of Fixed Assets	SCH - VII	2,75,099.00
			Excess of Expenditure over Income transfer to Balance Sheet		31,69,60,533.54
<b>TOTAL ₹.</b>		<b>36,41,43,598.93</b>	<b>TOTAL ₹.</b>		<b>36,41,43,598.93</b>


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**WOMEN DEVELOPMENT TRUST :: BANGALORE ROAD:: ANANTHAPURAMU**  
**BALANCE SHEET AS AT 31.03.2016**

LIABILITIES	SCHEDULE Nos.	AMOUNT (₹.)	TOTAL AMOUNT (₹.)	ASSETS	SCHEDULE Nos.	AMOUNT (₹.)	TOTAL AMOUNT (₹.)
<b>FUND ACCOUNT:</b>				<b>FIXED ASSETS:</b>			
Capital Fund Account	SCH - XI - A	24,52,57,306.90		Fixed Assets	SCH - IX	24,52,57,306.90	
General Fund Account		8,92,39,162.84					24,52,57,306.90
<b>CORPUS FUNDS:</b>				<b>DEPOSITS / INVESTMENTS:</b>			
Projects Corpus Fund Account [For Sustainability of programs]	SCH - XI - A	5,00,00,000.00		<b>CORPUS:</b>			
C.B.R. Institutions Corpus Fund Account [For Sustainability of Disability Schools and Institutions]		5,00,00,000.00		Projects Corpus Fund Investments	SCH - X - A	2,50,00,000.00	
<b>Sub Total: ₹.</b>		<b>10,00,00,000.00</b>		C.B.R. Institutions Corpus - Investments		5,00,00,000.00	
				<b>Sub Total: ₹.</b>		<b>7,50,00,000.00</b>	
<b>FUTURE PROGRAM FUND UNDER FORM - 10:</b>				<b>FUTURE PROGRAM FUND INVESTMENTS FORM - 10:</b>			
Health Program Fund [to be utilised within 5 Years]		17,00,00,000.00	60,44,96,469.74	Health Program Fund	SCH - X - A	15,87,54,981.00	
				<b>GENERAL FUND / OTHERS:</b>			
<b>OTHER LIABILITIES - Staff Welfare:</b>				Other Security Deposits		6,44,725.00	
Gratuity & Welfare	SCH - XI - B	1,04,66,170.17		General Fund Investments		7,73,14,260.73	
Staff Health Benefits		3,18,05,114.64		<b>STAFF WELFARE FUND INVESTMENTS:</b>			
<b>Sub Total: ₹.</b>		<b>4,22,71,284.81</b>		Staff Welfare Fund Investments		4,22,40,070.17	35,39,54,036.90
<b>OTHER LIABILITIES - EMD:</b>				<b>ADVANCES:</b>			
Earnest Money Deposit	SCH - XI - B	3,67,903.00		Advances to Other Programs	SCH - X - B	2,00,000.00	
				Advances to staff & others		1,14,100.00	
				Advance to be receivable from Government / Institutions		1,14,394.00	

LIABILITIES	SCHEDULE Nos.	AMOUNT (₹.)	TOTAL AMOUNT (₹.)	ASSETS	SCHEDULE Nos.	AMOUNT (₹.)	TOTAL AMOUNT (₹.)
<b>OTHER LIABILITIES - GOVERNMENT/ INSTITUTIONS:</b>				TDS Receivables		3,50,89,452.14	3,55,17,946.14
Liability to Government / Institutions (Specific Grant)		1,14,894.00	4,27,54,081.81				
<b>ADVANCES:</b>				<b>CURRENT ASSETS:</b>			
Advances from Other Programs	SCH - XI - C	2,00,000.00	2,00,000.00	<b>CLOSING BALANCE:</b>			
				CASH	SCH - I	86,107.22	
				BANK		1,16,97,147.98	1,17,83,255.20
				Field / Area Offices	SCH - I-A	9,38,006.41	9,38,006.41
<b>TOTAL ₹.</b>		<b>64,74,50,551.55</b>	<b>64,74,50,551.55</b>	<b>TOTAL ₹.</b>		<b>64,74,50,551.55</b>	<b>64,74,50,551.55</b>


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“ Remember : Generosity gives health ”

Vicente Ferrer